### **HOPEWOOD**

# 14411 Rocky Pt. Rd. Athens, Ohio 45701

# www.hopewoodholistichealth.org or becaherbtravel@gmail.com

740.590.3954 cell -740.592.4080 land

Creating a sense of place, Reclaiming your Herbal Heritage Through Adventure and Education

| Registration Form     |                      |  |
|-----------------------|----------------------|--|
| Name:                 |                      |  |
| Phone:(h)             | (w)                  |  |
| Fax:                  |                      |  |
| Address:              |                      |  |
| Name of Event:        |                      |  |
| Date of Event:        |                      |  |
| Number attending:     |                      |  |
| Full Cost: \$         | Amount of Deposit \$ |  |
| Type of Payment Check | Cash                 |  |

By signing the following Acknowledgement of Risk/Medical History you are expressing full understanding and personal risk while participating in events with Hopewood Holistic Health/Holistic Journeys. Activities may include; yoga, meditation, Reiki, hiking, camping, sharing housing with others, using outdoor facilities and international travel that might include; outhouses, ponds, lakes, rivers, oceans for swimming and water sports: snorkeling, boating or hot tubs, trails for hiking, biking, caving, horse riding. All events have hidden concerns (twisted ankles, bee stings, falls, heat and cold issues). Our facilitators or hired guides are trained in basic safety and first aid, appropriate use of the site and specific skills and techniques for scheduled activities. Each will do their best to orient you to the expectations of each activity while keeping your comfort, safety and chosen goals in mind. As participants over the age of 18, common sense and personal responsibility is expected while enjoying the amenities at Hopewood or during an experience. With this stated Hopewood nor it's facilitators or guides are can be held liable or responsible for any accidents you may incur while on our grounds, on shared grounds of scheduled events, while traveling to and from sites or while on your own time before or after events.

By signing and completing the brief medical history below you will be acknowledging your responsibility as a participant and releasing Hopewood and staff of liability related to any incidents beyond our control during scheduled events or your medical condition. We also request that as you enjoy Hopewood you uphold the sacredness and beauty of the area, please stay on trails, enjoy flora and fauna from with respect, be cautious of waterfalls and overhangs.

| Dat  | e Signature  |
|------|--|
|      |  |
| ME   | DICAL HISTORY & TREATMENT PROTOCOL   |
| List | any existing medical conditions or allergies:  |
|      |  |
| Me   | dications and dosage:  |
|      | atment Protocol including attending health care provider, choice of hospital or itment, emergency contact: |
|      |  |
|      |  |
|      |  |
| GO   | ALS AND DESIRES OF EVENT   |
| 1.   |  |
|      |  |
| 2.   |  |
|      |  |
| 3.   |  |
|      |  |

Please return with full payment or appropriate deposit. Payment must be made prior to any event according to fees & deposit schedule listed for each event. When participating in any traveling event, (national or international) a copy of your passport, driver's license or photo ID must accompany these forms. Thanks

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# **Registration and Checklist**

- 1. Reserve your spot for scheduled events (retreats/workshops) by filling out attached form and sending in the designated non-refundable deposit. For any workshopunder\$50.00 full payment is appreciated. No credit cards at this time.
- 2. Cabin rentals require a full fee deposit plus full payment 1-week prior to stay. Deposit will be deleted within one week from credit card after check out by caretaker. Call Hopewood 740-590-3954 cell or 740-592-4080 land line to make reservations and confirm availability. Fill out attached form and send to Hopewood after confirmation is established. Caretaker on site or emergency personnel listing is available for your convenience.
- 3. Dress for the event; feel free to contact us with questions about weather or specific needs for any scheduled activity.
- 4. Information on overnight accommodations for workshops & retreats is available upon request. Limited indoor space is available at Hopewood or camping for \$15.00 per night. (includes access to shower, kitchen, studio & library).
- 5. Follow enclosed directions to Hopewood or call for more details. Leave in enough time to travel leisurely and safely. Please arrive at least 15 minutes in advance of any workshop.
- \*\* Deposits for workshops and retreats are non refundable unless return policy is stipulated for specific events, particularly Holistic Journeys. Please understand that as a small organization we need to account for all space, food and equipment to ensure we don't waste valuable resources. Our guests are important to us help us ensure a quality experience for all. *Green Blessings*\*\*Rebecca and Hopewood Personnel\*

## **Directions to Hopewood**

Athens, Ohio is easily accessed by major highway systems. St. Rt. 33 from the North, St. Rt. 50/32 from the west and St. Rt. 50 from the east. Other highways that tie into these routes include, St Rt. 23 and 7 so look at your map (google, map quest and GPS do pretty well) if you are traveling any distance. All of these state routes are easily accessed by Interstates 70, 71, 75, 77 and 79. If coming from the North of Athens, take 33 around town to 50/32 west. Just after you cross the Hocking River you will see Stimson Ave./Co. Rd. 25 exit. Take this exit and turn left to Co. Rd. 25 Rock Riffle Rd. You are just 6 miles from Hopewood at the inter-section. Continue up 25 (merging left at top of hill to stop sign). Continue forward along N. Coolville Ridge Rd. Meander along the ridge until you pass Companion Plants on right (Kindcade Rd on the left). Companion Plants is a great place to visit and purchase a multitude of unique and hard to find planting stock, Peter and Lisa are great folks to sit and chat with regarding planting and care questions to as well. Take the first left past Companion Plants, about 1.5 miles down the ridge. There is a tan house and garage on the right at the intersection. Rocky Point drops hard to the left down a steep hill. It's a beautiful road so slow down and take it in. Hopewood is about 1.25 miles down this beautiful meandering valley the second drive on the right. Park at the bottom of the hill unless

you have 4 or all wheel, you can not back down safely. \*\*If you are coming from 50 E



(Parkersburg) as you approach Canannville just E of Athens you will see Co. Rd. 24A on the left, take it across the river. At the stop sign (Twp. Garage) take a left along River Road to the first R Mansfield. Continue appx. ½ mile to Willow Creek turn L (The Brown Farm on the corner) continue appx. 1.5 miles along this curvy road (DO NOT Take the first right up the steep Hill) until you pass the beautiful White Farm

with Blue Roof and Rock outcrops and continue <u>straight</u> onto Rocky Point (no sign, but do not follow hard left turn). You will pass a small and large cabin on the right and just past the hunter's camp on the R and abandoned trailer on the L the second drive on the L is your desinaton. Smile, take a deep breath you made it.